

# SWEATSHIRT MEASURING GUIDE

## How to measure your chest

Measure around the fullest part of the chest, making sure that the tape is level under the arms and across the shoulder blades. Make sure you are relaxed when measuring to get a true measurement.

## Inside leg length

When measuring make sure you are stood up straight with shoes on. Measure from the top of the leg (inside near to the crotch area) down to where the trouser is worn.

## Sweatshirts - DL815, 865 & 885

Age/ Size	2/3	3/4	4/5	5/6	7/8	9/10	11/12	12/13	13	S	M	L	XL
Chest (cm)	64	70	74	77	82	86	91	96	102	109	117	126	134

## Junior Jog Pants - DL825

Age/ Size	1/2	2/3	3/4	4/5	5/6	7/8	9/10	11/12	12/13	13
Waist (cm)	46	48	49	50	51	54	58	62	66	70
Inside leg (cm)	29	38.5	42	44	47	55	62	72	72	73

